

DESCRIPTION	GRIND NUMBER	VALVE LIFT INT/EXH	ADVERT DUR. INT/EXCH	DUR AT 50 INT/EXH	LOBE CENTER
HYDRAULIC CAMS					
Amc, Buick, Olds	4100	.480/.495	264/270	214/221	110°
Ford 302/351W	4200	.495/.515	270/280	221/232	110°
Chevy 262, 350	4000	.465/.490	270/274	221/226	110°
Chrysler, Pontiac	4100	.450/.465	264/270	214/226	110°
	4200	.465/.485	270/280	221/232	110°
	4600	.490/.485	274/280	226/232	110°
	5300	.484/.505	280/292	232/244	110°
	5400	.505/.525	292/304	244/256	110°
Chevy 454	4000	.527/.527	270/280	221/224	110°
	4100	.510/.525	264/270	214/221	110°
	4200	.525/.545	270/280	221/232	110°
	4600	.495/.495	286/296	224/234	110°
	5300	.549/.573	280/292	232/244	110°
	5400	.573/.595	292/304	244/256	110°
Ford 351C, 390-428	4100	.525/.540	264/270	214/221	110°
429, 460	4200	.540/.565	270/280	221/232	110°
HYDRAULIC ROLLER					
Chevy 350	4300	.530/.550	282/294	234/246	110°
454	4300	.578/.608	284/294	238/248	110°
SOLID LIFTER					
Chevy 262, 350	4100S	.495/.501	276/286	242/252	110°
Chrysler, Pontiac	4200S	.507/.525	282/288	247/254	110°
	4300S	.525/.555	288/296	254/264	110°
	4400S	.555/.570	296/306	264/272	110°
	4500S	.570/.585	320/330	274/284	110°
	4100S	.561/.568	276/286	242/252	110°
Chevy 454	4200S	.570/.580	282/288	247/254	110°
	4300S	.580/.590	288/294	254/260	110°
	4400S	.630/.645	296/306	264/272	110°
	4500S	.646/.663	320/330	274/284	110°
	4700S	.605/.620	290/294	250/260	110°
	4400S	.645/.665	296/306	264/272	110°
Ford 351C, 429-460	4400S	.645/.665	296/306	264/272	110°
ROLLER					
Chevy 262, 350	4100R**	.482/.525	278/280	234/240	110°
Chrysler, Pontiac	4200R**	.525/.531	280/290	240/248	110°
	4300R**	.570/.602	290/300	250/260	110°
	4400R**	.615/.630	300/310	266/276	110°
	4500R**	.630/.630	318/322	282/290	110°
	4100R**	.485/.525	278/280	234/240	110°
Chevy 350	4200R**	.525/.531	280/290	240/248	110°
	4300R**	.570/.602	290/300	250/260	110°
	4400R**	.615/.630	300/310	266/276	110°
	4500R**	.630/.630	318/322	282/290	110°
	4100R**	.550/.560	278/284	236/244	110°
Chevy 454	4200R**	.560/.602	284/2920	244/250	110°
	4300R**	.602/.640	290/294	250/260	110°
	4400R**	.621/.631	304/318	264/274	110°
	4500R**	.714/.714	318/322	284/292	110°

** For use with alcohol available in 112° - 114°